## February 2015

# **Overview and Summary of PPR**

# **Goal 1: Self-Advocacy**

Individuals with developmental disabilities have the information, skills, opportunities and support to advocate for their rights and services and to achieve self-determination, independence, productivity, integration and inclusion in all facets of community life.

Collaborated with over sixty groups.

Activities included, but were not limited to, facilitation for established Statewide Self-Advocacy Network (SSAN) meetings, elections, and other official functions. Provision of cross-disability, multi-agency, self-advocacy support. Provision of training, information, and materials for self-advocates. Provision of technical support for facilitation/services, regular updates and materials regarding Employment First and Self-Determination Initiatives, and enactment information on recently passed legislation relating to programs, rights, and services for people with developmental and other disabilities. Provision of support, information, and/or opportunities to self-advocates moving into public service and/or policymaking positions. Provision of technical support to self-advocates who provide training through local and/or statewide boards and committee. Provision of ongoing financial/travel support for self-advocates to attend statewide Council and Committee meetings, conferences, etc.

## **Goal 2: Rights Training & Advocacy**

Individuals with developmental disabilities and their families become aware of their rights and receive the supports and services they are entitled to by law across the lifespan, including early intervention, transition into school, education, transition to adult life, adult services and supports, and senior services and supports.

Activities included, but were not limited to, working on outreach efforts to Spanish-speaking parents and organizations. Distributing the SEEDS Parent Involvement Survey, as an extensive outreach effort. Providing IEP workshops for bi- and mono-lingual, non-English speaking parents. Providing collaborative training (with regional center) to parents. Providing self-determination training to self-advocates. Providing advocacy and/or referrals in cases involving civil rights violations and/or suspected abuse. Advocating for parents and students with districts and SELPAs to obtain (and/or protect) appropriate assessments and services. Providing technical assistance, information, referrals, phone/personal consultations, and training material to family advocates. Advocating for family advocates and self-advocates with regional centers for appropriate identification and eligibility, services, and supports.

## **Goal 3: Quality Assurance & Innovation**

Individuals with developmental disabilities and their families express the degree to which they are satisfied with their services and the extent to which they feel their needs are being met.

Activities included, but were not limited to, selected interviewers; disseminated information regarding statewide training using new NCI assessment; attended training provided by SCDD, DDS, and HSRI. Completed Cycle 6 of the National Core Indicator Quality Assurance assessment. Through mailings, attendance at meetings, faxes and e-mail, disseminated information about hiring interviewers who are self-advocates for QA Project Cycle 6.

# **Goal 4: Public Safety Outreach**

Public safety agencies, other first responders and the justice system get information and assistance to be knowledgeable and aware of the needs of individuals with developmental disabilities so they can respond appropriately when individuals with developmental disabilities may have experienced abuse, neglect, sexual or financial exploitation or violation of legal or human rights.

Activities included, but were not limited to, establishing formal partnerships (via MOU) with agencies that are key organizations in local disaster preparedness, response and recovery efforts. Coordinating specialized training for the (statewide) California Highway Patrol. Maintaining an ongoing collaboration with the San Bernardino County District Attorney's Multi-Disciplinary Team on Elder and Dependent Adult Abuse team. Attending a resource fair for the Psychiatric Emergency Response Team (PERT) Academy (a collaboration between law enforcement and county mental health department[s]). Training for San Diego Zoological Society/Safari Park - Security and Guest Relations Departments. Collaboration with the Mendocino County Sheriff's Department and Office of Emergency Services to develop a regional emergency response plan and training to prepare clients for disasters and other emergency events. Facilitating a meeting and presentation with first responders/law enforcement and self-advocates. Facilitated a training with the local Office of the District Attorney to address criminal justice issues involving victims and/or suspects/defendants with developmental disabilities and the training provided to prosecutorial staff about these issues.

## **Goal 5: Emergency Preparedness**

Individuals with developmental disabilities and their families get the information to be prepared for emergencies.

Activities included, but were not limited to, providing technical assistance to the Self-Advocacy Council 6 (SAC6) at a meeting of self-advocates. Over 150 self-advocates from five counties attended. American Red Cross volunteers provided valuable information on how to be prepared

in the event of an emergency and how people can help the Red Cross during an emergency. Organized and provided the first of 4 workshops entitled 'Emergency Planning Supports. Participated in three meetings with the Peer Advocacy Connection.

## **Goal 6: Adult Transition**

# Young adults with developmental disabilities and their families get the information and support to be prepared for and experience a successful transition to adult life.

Activities included, but were not limited to, holding a 2-hour training for parents and professionals serving those with disabilities at the UCD MIND Institute (UCEDD). Holding training on Transitioning Young Adults with Developmental Disabilities, in which a training manual was provided to each attendee. Facilitating a presentation by adult self-advocates in a high school special education class. Planning and implementing the Alameda County Transition Faire, with approximately 200 people in attendance, including 100 parents and 65 students. Facilitating, provide input and collaborates with a multi-agency transition task force meetings and participated in planning upcoming Supported Employment/Living Interagency Team (SELIT) meetings. Holding An all-day Transition Summit was held at Parents Helping Parents and included families of transition-aged students. Giving an introduction to Council services at the Special Education Teacher Transition Fair, Ventura County Office of Education/SELPA. Facilitating the presentation entitled, 'Transitioning Young Adults with Developmental Disabilities: A review of agencies' transition timelines and how it impacts services for your young adult,' for Parents Helping Parents. Held an Intake Clinic with Parents Helping Parents Atascadero and logged in 7 participants. Gave a training entitled, 'Transition to Adulthood: Practical and Legal Strategies/Special Education' with the Rainbow Family Resource Center. Participated in the Ventura Transition Fair, as sponsored by the Ventura County Office of Education/SELPA. Served on the Autism Services Panel through the Ventura County Office of Education/SELPA. Participated in the Thousand Oaks Transition Fair, with the Ventura County Office of Education/SELPA. Staff presented at the Oxnard Transition Fair through the Ventura County Office of Education/SELPA. Engaged in an initial collaborative meeting to develop an Employment Summit. Provided training and information to regional center case workers in charge of the transition age (16-23) caseload about the role of SCDD and the Employment First Policy. Participated in a brainstorming session regarding life skills classes offered at the College in a downtown location. Gave a panel presentation called 'Let's Talk Transition,' Provided a 2part parent training on Conservatorship, Public Benefits, & Trust Planning."

## **Goal 7: Early Start**

# Children birth to 3 who are at risk of, or have, a developmental delay and their families receive the early intervention services they need to achieve their potential.

Activities included, but were not limited to, being instrumental in helping to develop the Mommy and Me support group, for children 0-4. Providing a training/overview of Early Intervention

Services to a parent/child play group in Spanish. Assisting families with early start and respite eligibility issues and were provided with copies of DRC's Special Education Rights and Responsibilities handbook. Collaborating with Escuela De La Raza Unida School and Child Care Centers to provide community outreach training on early intervention services and how to navigate the service system. Sending emails to Boards of Directors to encourage support of legislation to renew Early Start funding. Collaborating with Escuela De La Raza Unida (ERU) School and Child Care Centers to provide an 'all staff' training about types of developmental disabilities and how to include children with developmental disabilities in educational settings, play, and other activities with their typically developing peers.

## **Goal 8:- Employment First:**

The State of California will adopt an Employment First policy which reflects inclusive and gainful employment as the preferred outcome for working age individuals with developmental disabilities.

Activities included, but not limited to, the holding six meetings, yearly, of the Employment First Committee to address matters associated with implementation of the Employment First Policy and other employment-related issues of note. Supporting Assembly Joint Resolution 36, which stated that "the policy developments regarding disabled youth, individualized employment plans and training, and the prioritization of competitive integrated employment in the Workforce Innovation and Opportunity Act are consistent with the goals of the resolution to shift away from the use of subminimum wages and sheltered workshops." Supporting SB 577 (Pavley). Arranging a meeting of the Solano County Multi-Agency Network, securing the participation of local regional center management, to discuss NBRC's policies and procedures to support integrated competitive employment (ICE). Distributing the Council's Employment First fact sheet to self-advocacy groups, resource fair attendees, and parent groups. Participating in a meeting of the local regional center's Employmentt Taskforce in San Francisco. Working with our federal partner (Tarjan Center at UCLA) as a member agency of the California Employment Consortium for Youth and Young Adults with Intellectual and Other Developmental Disabilities (CECY). Maintaining the California Developmental Disabilities System Employment Data Dashboard on the SCDD website.

## **Goal 9: Employment/PSE Advocacy**

Working age adults with developmental disabilities have the necessary information, tools and supports to succeed in inclusive and gainful work opportunities.

Activities included, but were not limited to, working in collaboration a local school district's adult program. Coordinated a regional self-advocacy meeting with a focus on the Employment First initiative. Co-sponsored an event entitled, 'Improving Employment Prospects for Individuals with Intellectual and Developmental Disabilities'. Helped the local regional center draft and implement 'Measures of Progress,' a program that moves the agency toward implementation of

the Employment First policy. Provided technical support and event planning for the 5th annual Micro-Business Fair. Gave a presentation at the First Annual Disability Rights Summit. Collaborated with Inland Regional Center, Council staff provided training to Department of Rehabilitation staff about the Employment First policy and the role of the Council and Regional Centers to provide support services to persons with developmental disabilities. Participated in Jobtoberfest, an annual employment fair held at the Balboa Park Club in Balboa Park. Facilitated the Northwest Committee for Employment of People with Disabilities. Coordinated an Employment 1st Conference. Organized and facilitated the Northwest Committee for Employment of People with Disabilities (NCEPD), through which the 21st Annual Luncheon developed. Provided support to a group (Stanislaus Transition Taskforce) that is promoting successful transition from educational services to adult services.

## Goal 10: Health

Individuals with developmental disabilities understand their options regarding health services and have access to a full range of coordinated health, dental and mental health services in their community.

Activities included, but were not limited to, hosting a workshop for Humboldt and Del Norte Counties, which educated the public regarding the recently implemented Medi-Cal Managed Care Program. Facilitating the production newsletters that have gone out to both IHSS recipients and care providers. Hosted training for family members and professionals on the Affordable Care Act. Participated on a stakeholders' committee for the local Health and Human Services In-Home Supportive Service Advisory Committee. Held a 2-hour workshop on Denti-Cal. Collaborated with other agencies and health plans to inform and prepare communities for the roll-out of the Rural Expansion of Managed Care. Facilitated multiple public outreach forums in rural counties of northern California, as a member of Diversability Advocacy Network (DAN). Attended an informational meeting about the new Medi-Connect program that moves dual beneficiaries into managed care. Participated in The SCAN Foundation's 2014 California Long-Term Services and Supports. Provided training about mental health and stress management for families with children in the special education system.

## **Goal 11: Housing Access**

Individuals with developmental disabilities have access to affordable and accessible housing that provides control, choice and flexibility regarding where and with whom they live.

Activities, include, but are not limited to, participating on the Request for Proposal (RFP) Committees of two local regional centers. Gave a presentation to the Sonoma Developmental Center Parent Hospital Association on community living options. Begun participating on a Supportive Housing Workgroup through Alameda County Supervisor's office. Met with the Autism Society of the Bay Area and discussed housing needs in the community, reviewing current and future options, and attending a community forum on

current housing needs in the area. Toured a housing site, Investment Model Housing, that is managed by the Friends of Children with Special Needs (FCSN). Gave a presentation to people with disabilities, providers, and families about how a formalized parent network can organize and address housing needs in the community and met with supported living providers to review the funding and operations difficulties that vendors are experiencing. Facilitated a meeting of local regional center and family resource network staff, family members of consumers, and service providers and vendors.

# **Goal 12: Housing Development**

Affordable and accessible housing units are developed in local communities to expand housing options for individuals with developmental disabilities.

Activities included, but were not limited to, obtaining information about the federally funded California Project Rental Assistance Demonstration Program to disseminate to the community. Collaborating with the Housing Consortium of the East Bay, a local non-profit housing organization, to organize and implement workshops to train families about the Housing Element Process. Awardeinga grant to influence the 'housing elements' of local municipalities. Monitor ingthe progress of 5 new units of low-income housing developed in the city of Fort Bragg and continuing to work with local authorities.

#### **Goal 13: Generic Services**

Individuals with developmental disabilities and their families have access to community based services and supports available to the general population (such as recreation, transportation, childcare, etc.) that enable them to live productive and inclusive lives.

Activities, include, but are not limited to, facilitating community focus groups in collaboration with a local service provider. Conducting a presentation about Volunteer Driver Programs (VDP) for a local Vendor Advisory Committee. Advocating for improved quality of local paratransit services and participated in the Paratransit Riders' Coalition's 'Excessive Trip Length' subcommittee meeting. Provided facilitation for San Diego People First, as they planned and coordinated an event which included outreach. Participated in a collaborative presentation to the Ukiah Unified School District (UUSD) Board to develop procedures for enrollment into the After School (ASES) Program. Attended monthly meetings of the Multi-Agency Children's Coalition (MACC) to provide information about the State Council on Developmental Disabilities and to obtain information about new service delivery models for mental health clients and community-based needs, Medi-Cal managed care and billing problems, housing and placement issues, and the services currently provided. Paticipated in the Annual Disability & Senior Expo. Participates as a member of the Mayor's Committee on Disability for the City of San Diego. Developed an email distribution list for updates regarding the massive changes going on with the IHSS

program throughout California. Attended the local Transportation Summit, which is focused on problems in the Santa Clarita Valley area, which is a very rural area with limited transportation options. Took part in local SELPA Community Advisory Committee (CAC) meeting.

## **Goal 14: Public Policy**

Public policy in California promotes the independence, productivity, inclusion and self-determination of individuals with developmental disabilities and their families.

Activities included, but were not limited to, keeping the Council's Legislative and Public Policy Committee (LPPC) updated on the progress of legislation, and requesting that members disseminate information to their communities and seek active support, in the form of letters, phone calls, and visits to their representatives, as well as analyzing, following progress on, and supporting legislation (such as AB 1595). Disseminating information and educated policymakers and the public regarding the following Federal Areas of Emphasis. Visited with legislators and their staff. Testified in hearings. Facilitated the presentation of an In-Home Supportive Services (IHSS) Advisory Committee. Collaborated with community partners and stakeholders as part of a consortium to develop a comprehensive Mental Health plan to implement Laura's Law, as supported by MHSA funding.

## **Goal 15: Multicultural**

Individuals with developmental disabilities and their families have access to information and resources in ways that reflect their language and cultural preferences.

Activities included, but were not limited to, working steadily to release all materials in Plain Language for meeting agendas and minutes, reports, and informational brochures and marketing flyers. Doing presentations in English and also offered as separate Spanish sessions (self-determination, navigating the regional center/community service system, strategies to prevent bullying, educational or community supports, eligibility, services, and other issues, etc.). Meeting with the director of Fiesta Educativa and a cadre of volunteers to improve Council outreach efforts to the bilingual community, while recruiting Fiesta Educativa to the Disability Collaborative. Participated actively in the Chuparossa resource fair and provided training about mental health services and educational/due process rights, where Spanish translation was provided.